

POSTER PRESENTATION APPLICATION PACKET

for the

Adult Mental Health Division's 5th Annual Best Practices Conference on

“Family Psychoeducation: Fortifying Families of Birth and Choice”

Please fill out all of the attached forms. Your application packet will be considered incomplete if all the forms are not completed. If you have any questions, please feel free to contact us.

Phone: (808) 735-3435 Fax: (808) 735-3436 Email: csakagaw@hawaii.edu

AMHD's 5th Annual Best Practices Conference
Family Psychoeducation: Fortifying Families of Birth and Choice
April 23-25, 2008
Poster Presentation Form
Deadline to Submit: March 10, 2008

Presenter(s) Name: _____

Organization: _____

Address: _____

City: _____ State: _____ Zipcode: _____

Phone: _____ Fax: _____

Title of Presentation: _____

Presentation Abstract (summarize below or attach a copy of your abstract):

Please mail form to:

5th Annual Best Practices Conference
Attn: Poster Session Selection Committee
3465 Waiālae Avenue, Suite 200
Honolulu, Hawaii 96816

or fax to: (808) 735-3436

Call for Poster Presentations

The State of Hawaii's Adult Mental Health Division's 5

5th Annual Best Practices Conference

April 23-25, 2008

Hawaii Convention Center

Poster Presentation Guidelines

You are invited to present a poster at the 5th Annual Best Practices Conference – Family Psychoeducation: Fortifying Families of Birth and Choice . The conference will be held at the Hawaii Convention Center in Honolulu, Hawaii from April 23-25, 2008.

The annual conference focuses on evidence based practices and the public mental health system with a focus on adults. Posters related to evidence based practices and the public mental health system, including the role of culture in mental health, are encouraged to apply. The theme for this year's conference is on supported employment. Conference objectives are attached.

Deadline for Poster Presentation Submittal is March 10, 2008

1. Your poster registration form must be received at the Mental Health Services Research, Evaluation, and Training Program (MHSRET) by March 10, 2007. Poster presentations will be competitively selected. Authors of posters selected for presentation will be notified by March 15, 2008. MHSRET's address is listed on the bottom of last page.
2. Your conference registration form and fee must be received at MHSRET by April 7, 2008.

Poster Registration Form: Please fill out the enclosed form and return to MHSRET.

Registration: Conference Registration fees are posted on the AMHD website at www.amhd.org/best. Please fill out the enclosed conference registration form and submit it with the poster information postcard. Scholarships that cover registration fees are available for students, consumers, and family members of consumers. Please visit our website at www.amhd.org/best for more information.

Set-Up: Posters will be located in one of the following rooms at the Hawaii Convention Center: 302, 304, 305, 306, or 307. Posters can be place dropped off at our offices at the Kaimuki Plaza no later than April 21st OR brought to the Hawaii Convention Center Suite 307 on Wednesday, April 23rd, from 9:00am - 12:00pm.

Provided: We will provide you with a 2'x5' table to display your handouts and poster board. Nothing may be attached to the wood, columns, floors, etc. with masking tape. If your poster needs to be secured to a vertical surface to stand freely, you will need to request a back board.

Poster Session: Will run for the entire conference, presenters do not need to stay with their posters.

Take Down: Authors are responsible for removing poster within an hour after the session closes on April 25th between 12:30pm - 1:30pm.

Parking: The Center has 700 parking stalls on the second level of the building (subject to availability) with entry via a helix on Kahakai Street. Garage height is 9'1". Overnight parking is not allowed in the Center. Event parking is \$5 per exit. For additional parking locations off-site or alternative transportation plans, see your Event Manager.

AMHD Specifications for Poster Presentation

Content:

1. Include the title, author names, and the institution where the work was completed together in large letters (Font: 84 pt, Times, Helvetica, or Prestige Elite) centered at the top of the poster.
2. Place your address, phone, and fax numbers, or other contact information in the upper right-hand corner in case people would like copies of your paper.
3. Place a reproduction of the abstract in the upper left side of the poster. For the rest of the layout, use APA style headings appropriate to your poster, i.e. "Introduction", "Methods", "Results", and "Conclusions".
4. All handouts, data, conclusions, illustrations, charts, etc. to be posted should be prepared in advance as materials for these purposes will not be available at the meeting site. We will provide painters tape, 1-2'x5' table per presenter, marking pens, etc.
5. Provide sign-up sheets for attendees who wish additional information, reprints, etc.
6. Bring 50 copies of a 1 page summary of your paper and make sure to include the following information:
 - o Title
 - o Authors
 - o Contact Information in case people would like to get more information
 - o Summary of paper

Poster Size:

Foam Board:

One option for displaying your poster is using foam core board. A 40"x 60" white foam core board, 3/16" thick is available at Hawaiian Graphics for \$10.00, Fisher Hawaii for \$7.12, or University of Hawaii, Manoa, bookstore for \$10.00. Please call the vendor to make sure they have the item in stock.

Hawaiian Graphics Bookstore

1923 S. Beretania Street
Honolulu, Hawaii 96826
Ph: (808) 973-7171
Hours: M-F 9am-6pm
Sat. 9am-4pm, Sun - Closed

Fisher Hawaii - Kakaako

450 Cooke Street
Honolulu, Hawaii
Ph: (808) 524-8770
Hours: Mon. - Fri. 7am-6pm
Wed.: Open to 8pm, Sat.
8a.m. - 5p.m., Sun. - 10am - 3pm

University of Hawaii

2465 Campus Road
Honolulu, Hawaii 9822
Ph: (808) 956-9645
Hours: Mon.-Fri 8:15am-4:45pm
Sat. 8:15am-11:45am, Sun. close

Powerpoint Printout by Kinkos:

Another option for preparing your poster is laying out the design for your poster on a single slide on PowerPoint. Kinkos can then print it out for \$129 black & white and \$169 for color. Very professional looking. Visit these websites for instructions:

Creating a PowerPoint Poster using Windows

http://titlev.nmsu.edu/documents/PDF/ppt_poster_tutorial.pdf

Poster Construction Using PowerPoint

<http://www.oznet.ksu.edu/throckmorton/tutorials/pwrpoint/PosterPRESENTATION.pdf>

Guidelines for Preparing Posters Using PowerPoint Presentation Software

<http://www.lemoyne.edu/OTRP/otrpresources/poster.pdf>

Tips for Poster Preparation

Content:

1. Keep text to a minimum, emphasize graphics, and make sure every item in your poster is necessary. You want your poster to stimulate discussion.
2. Utilize handouts to supplement your poster.
3. Posters are typically viewed at a distance of 4-6 feet. Materials must be easily read at this distance. Ordinary type or carelessly prepared handwritten copy is unacceptable.
4. Place related materials (e.g.: photo with accompanying text) close together.
5. The title should be in very large type, 84 pt or larger. Your name and school should also be noted in large type, consider 72 pt. Headings and sub-headings should be at least 36 pt.
6. Text on panels should be between 18 and 24 pt to be legible.
7. Keep each panel relatively short and to the point. More than 25 lines won't get read, but 15-18 usually will. Framing the text by putting a box around it will emphasize important sections.
8. Make sure your presentation flows in a logical sequence. (Introduction, Body, and Conclusion). Remember that readers will naturally read from top to bottom, from left to right.

Aesthetic:

1. Draw a rough sketch of your poster first to plan the layout.
2. Space your information proportionally; divide your poster either into three or four columns, and place your materials within those spaces. Keep the overall look of your poster balanced.
3. When choosing a background, remember that neutral or gray colors will be easier on the eyes than a bright color. In addition, color photos look best when mounted on gray. Use light colors and contrast with dark text.
4. Choose a simple font, such as Times, Helvetica, or Prestige Elite and stick with it. Do not use more than two fonts. Avoid overuse of outlining and shadowing, it can be distracting. To make something stand out, use a larger font size, bold, or underline instead.

For advice on how to make an effective poster presentation, we recommend the following resources:

Tips for Paper/Poster Presentations

by Psi Chi: The National Honor Society in Psychology

<http://www.psichi.org/conventions/tips.asp>

Poster Presentation of Research Works

by Dept. of Chemical and Process Engineering, University of Newcastle upon Tyne

<http://lorien.ncl.ac.uk/ming/Dept/Tips/present/posters.htm>

Communicating Your Research and Results Through a Poster Presentation at Visible Thinking

by Visible Thinking

<http://www.aas.duke.edu/trinity/research/vt/postertips.html>

For any questions regarding the conference, please contact:

Mr. Chad M. Sakagawa
Mental Health Services Research, Evaluation, and Training Program
3465 Waiialae Avenue, Suite 200
Honolulu, Hawaii 96816
Ph: (808) 735-3435
Fax: (808) 735-3436
Email: csakagaw@hawaii.edu

AMHD's 5th Annual Best Practices Conference
"Family Psychoeducation: Fortifying Families of Birth and Choice"
Hawaii Convention Center
April 23-25, 2008

CONFERENCE OVERVIEW

Evidence-based practices (EBPs) are services for people with severe and persistent mental illness which have demonstrated positive outcomes in multiple research studies. The Adult Mental Health Division strives to integrate these EBPs and other best practices into the array of services throughout the system. The annual Best Practices Conference highlights one or more EBPs each year to draw particular focus to these essential services and clinically proven approaches. This conference further allows the AMHD to incorporate leading clinical interventions and promote individual recovery while remaining culturally informed, sensitive and responsive.

The native Hawaiian concept of *`Ohana* is deeply embedded in our island culture; it shapes our personal relationships and presents important issues for professional consideration. *`Ohana* is frequently defined simply as "family", however, in traditional Hawaiian culture the *`ohana* encompasses far more than the Western concept of the nuclear family comprised of parents or even extended family including grandparents, uncles and cousins. In fact, the *`ohana* included ke akua (gods), *`aumakua* (ancestors), kupuna (grandparents or grandparent generation), makua (parents or parent generation), *`opio* (youth), kamali`i (children), and na pua i ka wa hope (future descendents). Indeed, traditional Hawaiian culture embraces the individual's entire physical and spiritual support network which is not limited by blood ties. Perhaps a better definition of *`ohana* is offered by Mary Kawena Puku`i in *Nana i Ke Kumu*, "It is a sense of unity, shared involvement and shared responsibility. It is mutual inter-dependence and mutual help. It is emotional support, given and received. It is solidarity and cohesiveness."

This year's conference will focus on the evidence-based practice (or EBP) of Family Psycho-education. Family psycho-education has been shown to reduce relapse rates and facilitate recovery of persons who have mental illness. These programs provide education, emotional support and problem-solving skills for families to better equip them in their efforts to support their loved one with a mental illness. The invaluable role of family—however defined—in supporting individuals with mental illness and the importance of supporting families in this role will be emphasized in this conference. The AMHD recognizes the significance of the family in the recovery process and continues to encourage the nurturing and strengthening of this relationship throughout the system of care.

AMHD's 5th Annual Best Practices Conference
"Family Psychoeducation: Fortifying Families of Birth and Choice"
Hawaii Convention Center
April 23-25, 2008

EDUCATIONAL OBJECTIVES:

1. Attendees will be able to (a) describe principles of Family Psycho-education; (b) describe successful implementation strategies including practical approaches to engaging consumers and family members in family psycho-education programs; and (c) identify successful cultural adaptations of this program to meet the needs of families and communities.
2. Attendees will be able to describe and apply principles of one or more of the following areas to their clinical practice: (a) the importance of a definition of family unique to each individual; (b) strategies to encourage participation of families in the individual's recovery; (c) the role of culture and ethnicity as it relates to family psycho-education; (d) the impact of "burdenhood" on services and relationships; and (e) the impact of mental illness and mental health services on families.
3. Attendees will be able to apply concepts of cultural competency and cultural sensitivity to clinical practice by (a) recognizing cultural beliefs and values about help-seeking, mental health and employment; and (b) by incorporating demographic factors into vocational assessment, planning and rehabilitation services.
4. Attendees will be able to (a) demonstrate awareness and knowledge of the recovery philosophy; (b) articulate the implications of this philosophy for reshaping patient care; and (c) apply this philosophy in individualized person-centered treatment planning.