

Working with Resistance

Final Quiz

What is the most important factor in overcoming client resistance?

What are five strategies for overcoming client resistance?

- 1.
- 2.
- 3.
- 4.
- 5.

What are six possible effects of working with client resistance?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

List some of your personal stressors.

Identify some strategies for reducing the effects of these stressors.