

# Substance Misuse among Older Adults: Pre/Post Test

Circle the correct answer for each question.

1. By 2030, more than \_\_\_\_\_ persons in Hawaii will be 60 years or older.
  - a. 1 in 10 (10%)
  - b. 1 in 5 (20%)
  - c. 1 in 4 (25%)
  - d. 1 in 3 (33%)
  
2. Substance misuse among older adults is \_\_\_\_\_.
  - a. under-estimated because health care providers tend not to ask older adults about alcohol use
  - b. under-identified because family members are ashamed of the problem and choose not to address it
  - c. under-diagnosed because symptoms are mistaken for dementia, depression or other problems common to older adults
  - d. under-treated due to stigma
  - e. all of the above
  
3. Alcohol guidelines for older adults specify \_\_\_\_\_.
  - a. No more than 4 standard drinks per day or 14 standard drinks per week
  - b. No more than 3 standard drinks per day or 7 standard drinks per week
  - c. No more than 2 standard drinks per day or 14 standard drinks per week
  - d. No more than 1 standard drink per day or 7 standard drinks per week
  
4. As one ages, \_\_\_\_\_.
  - a. alcohol stays in the system longer due to decreased kidney capacity
  - b. the effects of alcohol on the aging organ system result in increased responsiveness to doses of alcohol that caused little impairment at a younger age
  - c. common medications decreases the effect of alcohol
  - d. "a" and "b"
  - e. "a" and "c"
  
5. Which screening tool is most sensitive in identifying older drinkers with a spectrum of alcohol use disorders?
  - a. CAGE
  - b. MAST-G
  - c. AUDIT
  - d. FRAMES
  
6. Using the CAGE screening tool, how many positive responses is reason for *further exploration* among older adults?
  - a. 1
  - b. 2
  - c. 3
  - d. 4
  
7. Older adults in need of treatment \_\_\_\_\_.
  - a. are more amenable to treatment and have treatment outcomes as good as or better than younger populations
  - b. are far less likely to receive professional care
  - c. are best served by their physician rather than a network of professionals
  - d. "a" and "b"
  
8. Area(s) of concern most likely to motivate older substance abusers are \_\_\_\_\_.
  - a. their physical health
  - b. the loss of independence and function
  - c. financial security
  - d. all of the above
  
9. Which of the following is true regarding gender differences?
  - a. Women require 40% less alcohol than men to achieve the same blood alcohol level.
  - b. Women face more exacerbated alcohol related medical consequences, e.g. women typically develop cirrhosis of the liver after 13 years of drinking compared to 22 years for a typical male with alcoholism.
  - c. Women with alcohol misuse disorders are more likely to be poor, widowed or divorced, have a problem drinking spouse, and have a history of victimization.
  - d. all of the above
  
10. An estimated \_\_\_\_\_% of older adults with substance use problems receive adequate treatment.
  - a. 15%
  - b. 25%
  - c. 50%
  - d. None of the above

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## Answer Key:

1. c
2. e
3. d
4. d
5. b
6. a
7. d
8. c
9. d
10. a